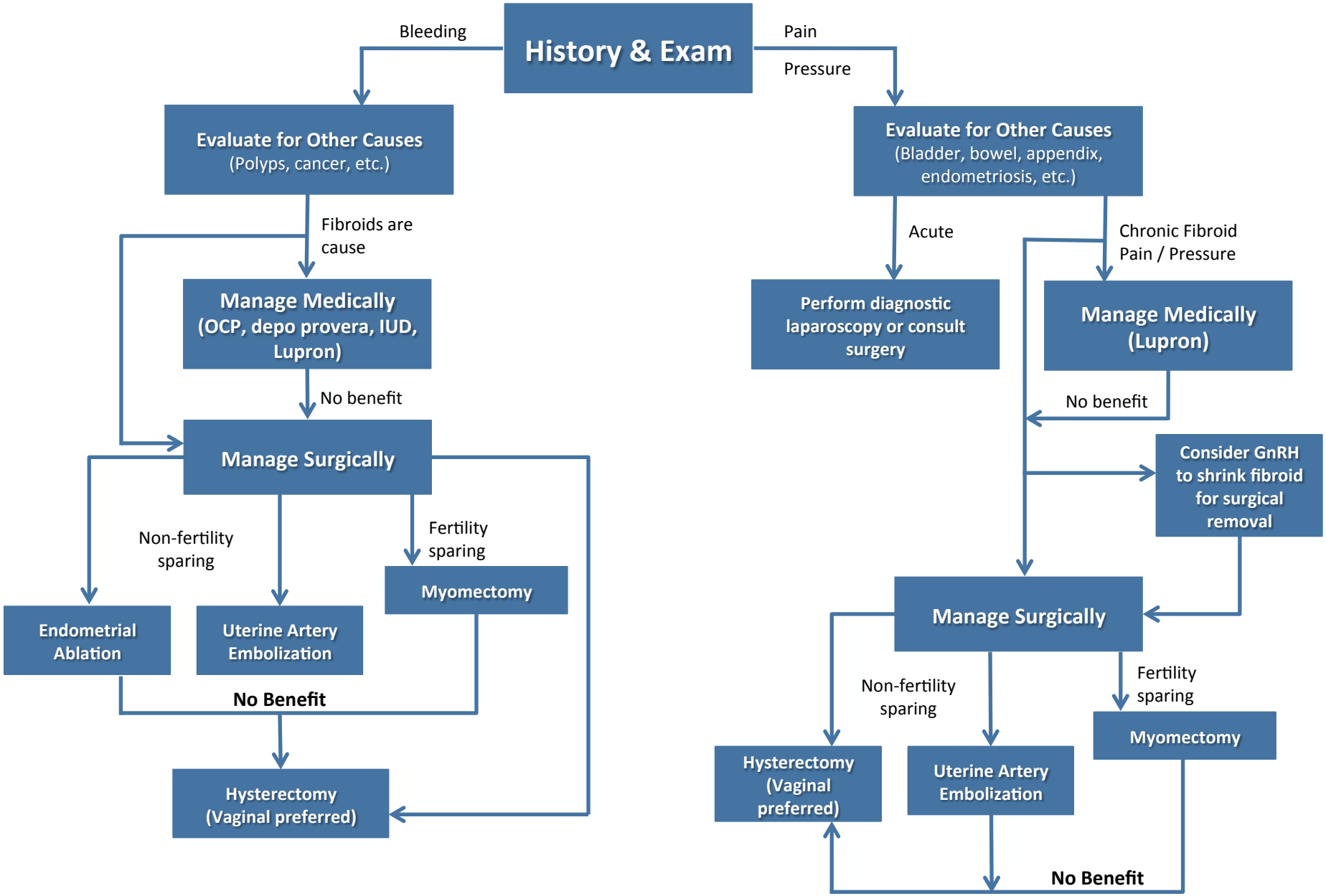
History & Exam
Bleeding
Pain
Pressure
Evaluate for Other Causes
(Polyps, cancer, etc.)
Fibroids are cause
Manage Medically
(OCP, depo provera, IUD, Lupron)
No benefit
Manage Surgically
Non-fertility sparing
Fertility sparing
Endometrial Ablation
Uterine Artery Embolization
Myomectomy
No Benefit
Hysterectomy
(Vaginal preferred)
Evaluate for Other Causes
(Bladder, bowel, appendix, endometriosis, etc.)
Acute
Chronic Fibroid Pain / Pressure
Perform diagnostic laparoscopy or consult surgery
Manage Medically
(Lupron)
No benefit
Consider GnRH to shrink fibroid for surgical removal
Manage Surgically
Non-fertility sparing
Fertility sparing
Hysterectomy
(Vaginal preferred)
Uterine Artery Embolization
Myomectomy
No Benefit