Figure 2. Algorithm for approach to chronic nausea and vomiting

Prolonged nausea and vomiting

Pregnancy testing as appropriate

Symptoms, signs, historical clues

Dietary management + antiemetic +/- prokinetic

Gastric motility disorder

Scintigraphic motility testing

CT abdomen/pelvis or UGI series

Mucosal cause confirmed

Treat specific cause

Abdominal distension or early satiety

Systemic symptoms

Dyspepsia

EGD

Cyclic vomiting syndrome

Rule out organic cause

Functional dyspepsia

Treat specific cause

Cyclical episodes

Functional nausea and vomiting

Withdraw culprit medication and observe

Probable culprit medication

Endocrine and metabolic tests

Assess for underlying etiology